



NMUL

This competition is organised on a league basis with 10 teams each playing one another twice. Teams will play on Tuesday evenings either at 7:15pm or 8:15pm.

Entry Requirements

Players may only play for one team in the whole competition. No new players can be added to the squad after week 4. No more than 7 players are allowed in a squad. All players must be named on the entry form. The organiser must be informed of any changes to the squad prior to the match. Teams found breaking these rules face point deductions and possible disqualification from the league.

Rules for 5-a-side Football tournament

As for Association Football except:

- No offside rule.
- Duration of play – 25 minutes each way.
- No head height rule.
- Back passes to the goalkeeper are allowed. However after receiving the ball from the goalkeeper you CANNOT pass it straight back. (If this happens a free kick is awarded 5 yards from the goal keepers area)
- The ball may be played off the side and back walls.
- No one is allowed in the penalty area except the respective goalkeepers.
- The goalkeeper is NOT allowed out of his penalty area.
- Sliding tackles are NOT allowed.
- The opposition must be a minimum of 5 yards from any free kick.
- The Referee will operate a '2 minute Sin Bin' for misconduct. If a player receives two 'Sin Bins' in one game, the player will take no further part in that game and will also receive an automatic one match suspension.
- No new players will be allowed for any team after week 4 of the tournament. A team must have a minimum of 4 players on the pitch, or a 10-0 walkover will be recorded.
- A Penalty will be awarded if:
 - A player enters his own penalty area.
 - A goalkeeper goes out of his own penalty area.
 - The Penalty taker may only take ONE STEP.
- Free Kick Offences: As for Association Football except:
 - Sliding Tackles will be penalised by a direct free kick.
 - A ball being passed straight back to the goalkeeper, after the goalkeeper has rolled it out will be penalised by an indirect free kick 5 yards from the Penalty area.
- Points:
 - 3 points for a win
 - 1 point for a draw
 - 0 for a loss or no result
- If a team arrives late and the game cannot be completed it will count as a draw.
- For persistent misconduct, a game can be called off at any time at the referee's discretion.
- If there is a fight during a match, the match will automatically be abandoned and both teams will be penalised.